



COSAC Mini Meet

Saturday 21st January 2023

Start 2:30pm | Warm up 2.00pm

Ian Thorpe Aquatic Centre

458 Harris St Ultimo

| COSAC Mini Meet | | |
|---------------------------------|----------|---------------------------|
| Saturday 21 January 2023 | | |
| Warm up 2.00pm | | Meet Starts 2.30pm |
| M | F | Event |
| 1 | 2 | 200 Individual Medley |
| 3 | 4 | 50 Butterfly |
| 5 | 6 | 100 Backstroke |
| 7 | 8 | 50 Breaststroke |
| 9 | 10 | 100 Freestyle |
| 11 | 12 | 50 Backstroke |
| 13 | 14 | 100 Breaststroke |
| 15 | 16 | 50 Freestyle |
| 17 | 18 | 100 Butterfly |

Entries Open Friday 2nd December 2022 @ 9am

Entries Close Wednesday 18th January 2023 @ 6pm

(or earlier if timeline is reached)

Event Information

- Age is at 21 January 2023
- Entry fee is \$7.00 per race
- Entries are via Swim Central <https://swimcentral.swimming.org.au/>
- Entries Open Friday 2nd December @ 9.00am | Entries Close Wednesday 18 January @ 6pm or earlier if timeline has been reached.
- Entry numbers are limited
- COSAC parents will be asked to assist with time keeping | Visiting Clubs may also be asked to assist with timekeeping.
- Meet conducted under the rules of Swimming NSW. One start rule will apply, and races will be starting over the top.
- The meet program and timeline will be sent out on Friday 20th January. No programs will be available at the meet.
- BBQ will be running on the day.

For more information or help with entries please email registrar.cosac@gmail.com